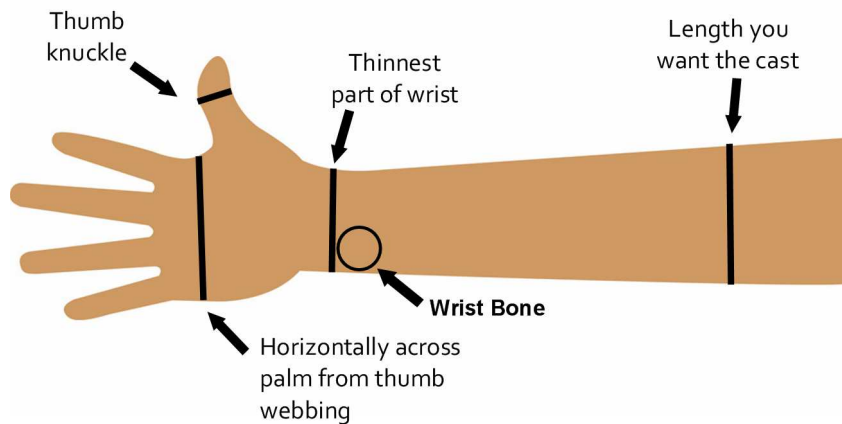


**Your ActivArmor device will be fit to YOUR MEASUREMENTS**, and the fit will determine the comfort and degree of immobilization, so it is very important that you measure precisely.

If you have a fabric tape measurer with millimeters, that is ideal. If not, you can print this page to scale (make sure you choose "Actual Size" in landscape orientation, and confirm it's accuracy with a ruler before use). Cut the tape measure out and tape together, matching numbers.



### What to Measure:

- First, with a washable marker, draw a circle around your wrist bone. (We will make a hole in the cast there so it doesn't bump.)
- Next, draw horizontal lines encircling the perimeter (all the way around front and back) of the person's arm in the following locations:
  1. Through the palm from the thumb webbing and under the knuckles
  2. Around the thinnest part of the wrist
  3. Around the forearm at the length you want the cast (i.e. end of the cast)
  4. Around the thumb knuckle\* (\*for thumb spica devices only)
  5. Around the fingers at the length you want the cast to extend down the fingers\*\* (\*\*for finger-blocking ulnar/radial gutter devices only)

- Finally, measure the circumference of the circles drawn, using the fabric or printed tape measure, in millimeters.

***Measure the surface of the skin, without pulling tight or gapping.***

***This is critical as the cast will be custom fabricated exactly to YOUR MEASUREMENTS!***

Enter these measurements into the ActivArmor iPhone scanning app after scanning.